



# SERVICES LETTER OF THE BEACHES OF AS CATEDRAIS AND OS CASTROS-AS ILLAS 2024



## AS CATEDRAIS



**OS CASTROS-AS ILLAS** 

### SERVICES LETTER

#### **BATHING SEASON:** 17th June – 08th September **PEAK PERIOD:** 15th July – 15th August

#### **REGULATORY ORDINANCE OF THE USE OF RIBADEO BEACHES - BOP Lugo nº 138 19/06/2021**

#### CODE OF CONDUCT IN THE BEACH

- In the beaches of As Catedrais and Os Castros-As Illas, it's forbidden along the whole year:
- Presence of motor boats, motorcycles, etc., except those belonging to the security and rescue service.
- Presence of pets (prohibition at Easter and from 15 May to 15 September)
- Deposit of waste and packaging in unauthorized places
- Making of camping
- Passage of unauthorized vehicles
- Use of detergents in outdoor showers
- Other annoying activities for other users (annoying noises, unauthorized sports practices ...).

| SERVICES AVAILABLE FOR BEACH USERS                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                      |  |  |  |  |
|-----------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|                                                           | AS CATEDRAIS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>OS CASTROS- AS ILLAS</b>                                                                                                                                                                                                                                                          |  |  |  |  |
| ACCESS                                                    | The main accesses to the beach are located on<br>the N-634 road, in the A Devesa area, which is<br>also accessed from the A-8 motorway. There is<br>access to the sandy beach, not adapted, if<br>being accessible all the beach environment.<br>In Easter, July, August and September, free<br>authorization is required to visit<br>(https://ascatedrais.xunta.gal)                                                                                                                                | The main accesses to the beach are<br>located on the N-634 road, in the A<br>Devesa area, which is also accessed<br>from the A-8 motorway. There are 3<br>accesses to the sand, 2 in Os Castros<br>and 1 in As Illas, not adapted, if being<br>accessible all the beach environment. |  |  |  |  |
| TOILETS,<br>SHOWERS,<br>FOOTBATHS                         | As Catedrais beach has 3 bathrooms, one of<br>them adapted for people with reduced mobility.<br>Public price of € 1.00 for the use of the toilets.<br>Hours: 8 hours depending on the tide.<br>The showers, fountains and footbaths located<br>at the entrances are enabled.                                                                                                                                                                                                                         | In the access by ramps there are 4<br>toilets and 4 showers, as in the access<br>by stairs. In the first aid and first aid<br>stand located in the center of the walk<br>there are 2 adapted toilets.<br>Schedule toilets: from 11:30 to 19:30                                       |  |  |  |  |
| SOCORRISM AND<br>FIRST AID<br>SERVICE                     | On the beaches of As Catedrais and Os Castros-As Illas there is a rescue and first aid<br>team composed of one group leader, 11 lifeguards, 3 health technicians and Civil<br>Protection volunteers, assisted by the Galician Health Service (SERGAS). The Health<br>Center of Ribadeo has a Continuous Care Point 24 hours, located at Calle Reinante s /<br>n, telephone 982130143, in which a medicalized ambulance is also available<br>permanently. Service hours: from 11:30 a.m. to 7:00 p.m. |                                                                                                                                                                                                                                                                                      |  |  |  |  |
| INFORMATION<br>POINT                                      | The information point on As Catedrais beach is located at the main access to it. The opening hours are based on low tide.<br>In addition, there is the Tourist Information Service in the urban area of the Ribadeo City Council, in the Plaza de España (Center of the Historic District) with hours from Monday to Saturday from 10 a.m. to 2 p.m. and from 4 p.m. to 7 p.m. in winter and from Monday to Sunday from 10 to 14 and from 16 to 20 in summer. The phone is 982 128 689.              |                                                                                                                                                                                                                                                                                      |  |  |  |  |
| LOCAL POLICE                                              | The beaches of As Catedrais and Os Castros-As Illas will have police presence according to protocol defined by the local Police, from 11 to 20 hours from 15 June to 15 September. In other seasons (parties or special events), the minimums will be maintained.                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                      |  |  |  |  |
| STAINLESS STEEL,<br>CONTAINERS<br>SELECTIVE<br>COLLECTION | There is a daily cleaning service on the beaches of As Catedrais and Os Castros-As Illas,<br>which cleans the surface of the beaches and their infrastructures and accesses. In<br>addition, there are located bins and containers for the selective collection arranged in<br>the main accesses, which are emptied daily.                                                                                                                                                                           |                                                                                                                                                                                                                                                                                      |  |  |  |  |
| ANALYSIS OF<br>WATER QUALITY                              | There is a service of analysis of the water realized every 15 days through the Xunta de Galicia, by means of which it is tried to carry out a monitoring of the bath waters of these beaches, obtaining a guarantee of quality. The results of these updated analyzes can be consulted in the information panels located in the main accesses of the beaches from 15 June to 15 September.                                                                                                           |                                                                                                                                                                                                                                                                                      |  |  |  |  |

## **SERVICES LETTER**

#### COMPLAINT AND SUGGESTIONS SYSTEM

There are sheets of complaints and complaints available to users of the beaches of As Catedrais and Os Castros-As Illas in the information points and in the rescue modules of the beaches. Also on the website of the City of Ribadeo and the Tourist Information Point there is a suggestion box for any idea that you want to contribute. In addition, within the quality system belonging to these beaches, there are records for incidents and nonconformities detected daily on the beaches.

|                                     | DULIS OF ENVIE      | RONMENTAL INDICA    | 1         |                            |              |  |
|-------------------------------------|---------------------|---------------------|-----------|----------------------------|--------------|--|
| Indicator                           |                     | Unit                | Os C      | astros-Illas               | As Catedrais |  |
| Biodiversity                        |                     | m2/1.000 users      | 11,09     |                            | 2,25         |  |
| Power consumption                   |                     | kWh/ 1.000 users    | 0,00      |                            | 0,00         |  |
| Water consumption                   |                     | m3/ 1.000 users     | 220,36    |                            | 21,36        |  |
| Toner Consumpt                      | tion                | kg/ 1.000 users     | 0,0163    |                            | 0,0037       |  |
| Office paper consumption            |                     | kg/ 1.000 users     | 0,0815    |                            | 0,0185       |  |
| Toilet paper consumption            |                     | kg/ 1.000 users     | 10,44     |                            | 9,21         |  |
| Handling paper cons                 | umption             | kg/ 1.000 users     | 1,01      |                            | 4,64         |  |
| Consumption of cleanin              | g products          | kg/ 1.000 users     | 5,27      |                            | 2,59         |  |
| Fuel consumpti                      | on                  | GJ/ 1.000 users     | 4,82      |                            | 3,28         |  |
| Generation of residuals of          | rest fraction       | t/ 1.000 users      | 8.842,34  |                            | 2.836,14     |  |
| Generation of packagi               | ng waste            | t/ 1.000 users      | 1         | L.620,55                   | 388,83       |  |
| Generation of paper-card            | t/ 1.000 users      |                     | 451,53    | 130,95                     |              |  |
| Generation of glass                 | t/ 1.000 users      | 1                   | L.515,86  | 249,71                     |              |  |
| Generation of septic ta             | t/ 1.000 users      | 1.046,03            |           | 1.028,60                   |              |  |
| Generation of biosanit              | ary waste           | t/ 1.000 users      |           | 0,00                       | 0,00         |  |
| Discharge of sanitary water         | s and cleaning      | m3/ 1.000 users     |           | 44,07                      | 4,27         |  |
| Wastewater disch                    | m3/ 1.000 users     |                     | 176,29    | 17,09                      |              |  |
| Emissions                           |                     | t CO2/ 1.000 users  |           | 11,47                      | 7,81         |  |
| Quality of bath w                   | Final clasification | E                   | Excellent | Excellent                  |              |  |
| Sand quality                        | TPHS (mg/kg)        |                     | Suitable  | Suitable                   |              |  |
| Quality of water s                  | Analysis visual     |                     | Suitable  | Suitable                   |              |  |
| Fungus and yeast for shower         | s and footbaths     | ufc/25 cm2          | Suitable  |                            | Suitable     |  |
| RESU                                | LTS OF HYGIEN       | IC-SANITARY INDIC   | ATORS     | 5 IN 2023                  |              |  |
| Indicator                           |                     |                     | Os C      | astros-Illas               | As Catedrais |  |
| No of stings by marine anima        |                     | 35                  |           | 83                         |              |  |
| No of stings by terrestrial ani     | nals                |                     | 0         |                            | 11           |  |
| N <sup>o</sup> of cuts              |                     |                     | 3         |                            | 21           |  |
| Nº of contractures, blows or s      | sprains             |                     | 3         |                            | 28           |  |
| No. of wounds, splinters, scra      | pes or burns        |                     | 12        |                            | 82           |  |
| No. of rescues                      |                     | 5                   |           | 4                          |              |  |
| Nº days of prohibition of bath      | 0                   |                     | 0         |                            |              |  |
| No other events (rashes, blist      | 1                   |                     | 31        |                            |              |  |
| Nº of attendances with divers       | 2                   |                     | 14        |                            |              |  |
| Total number of assists             | 59                  |                     | 260       |                            |              |  |
|                                     | SIGNIFI             | CANT INDICATORS 2   | 023       |                            |              |  |
| Beach                               |                     | abnormal functionir |           | I                          | mpact        |  |
| As Catedrais<br>Os Castros-As Illas | Water consumption   |                     |           | Natural resource depletion |              |  |
| As Catedrais<br>Os Castros-As Illas | Fuel consumption    |                     |           | Natural resource depletion |              |  |

## SERVICES LETTER

| As Catedrais<br>Os Castros-As IllasToilet paper consumptionNatural resource depletionAs CatedraisHand drying paper consumptionNatural resource depletionAs CatedraisGeneration of residual fraction waste and<br>packagingSoil and water contaminationAs CatedraisGeneration of residual glassSoil and water contaminationAs CatedraisGeneration hazardous waste vehicle<br>maintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration hazardous waste vehicle<br>maintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth condition | As Catedrais<br>Os Castros-As Illas | Consumption of cleaning products    | Natural resource depletion   |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------------|------------------------------|--|
| As CatedraisGeneration of residual fraction waste and<br>packagingSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration of residual glassSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration hazardous waste vehicle<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                     | Toilet paper consumption            | Natural resource depletion   |  |
| As CatedraispackagingSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration of residual glassSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration hazardous waste vehicle<br>maintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration hazardous waste vehicle<br>maintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais<br>Os Castros-As IllasBumps or chafingHealth condition                                                                                                                                                            | As Catedrais                        | Hand drying paper consumption       | Natural resource depletion   |  |
| Os Castros-As IllasGeneration of residual glassSoil and water contaminationAs Catedrais<br>Os Castros-As IllasGeneration hazardous waste vehicle<br>maintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth condition                                                                                                                                                                                                                                                                                                                          | As Catedrais                        |                                     | Soil and water contamination |  |
| Os Castros-As IllasmaintenanceSoil and water contaminationAs Catedrais<br>Os Castros-As IllasWater dischargeSoil and water contaminationBeachHygienic health risksImpactAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais<br>Os Castros-As IllasBumps or chafingHealth condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                     | Generation of residual glass        | Soil and water contamination |  |
| Os Castros-As IllasWater dischargeSoil and water contaminationBeachHygienic health risksImpactAs Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais<br>Os Castros-As IllasBumps or chafingHealth condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                     |                                     | Soil and water contamination |  |
| As Catedrais<br>Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais<br>Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais<br>As CatedraisBumps or chafingHealth condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                     | Water discharge                     | Soil and water contamination |  |
| Os Castros-As IllasDrop in height / at different levelHealth conditionAs CatedraisMarine animal stingsHealth conditionOs Castros-As IllasBumps or chafingHealth condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Beach                               | Hygienic health risks               | Impact                       |  |
| Os Castros-As IllasMarine animal stingsHealth conditionAs CatedraisBumps or chafingHealth condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                     | Drop in height / at different level | Health condition             |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                     | Marine animal stings                | Health condition             |  |
| Beach  Emergency situations  Impact                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | As Catedrais                        | Bumps or chafing                    | Health condition             |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Beach                               | Emergency situations                | Impact                       |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | -                                   | -                                   | -                            |  |

#### **OTHER HIGHLIGHTS**

- Number of complaints received from users of the beach in relation to the first aid and first aid service (No. complaints previous season = 0)
- Number of complaints about maintenance and cleaning services of facilities and equipment (No. complaints previous season = 1)
- Number of complaints received regarding the user satisfaction survey (No. complaints previous season = 0)
- Number of surveys carried out (No. surveys previous season = 100 Os Castros-As Illas / 81 As Catedrais)
- Number of incidents detected in the inspections with respect to the existing maintenance service on the beach (No. incidents previous season = 0)
- Number of complaints received regarding the leisure service (No. complaints previous season = 0)
- Number of complaints received regarding access to the beach service (No. of complaints previous season = 1)
- Number of complaints received regarding the surveillance service (No. complaints previous season = 0)
- Number of incidents detected in the inspections with respect to the existing information service on the beach (No. incidences previous season = 0)

#### **OBJECTIVES ESTABLISHED 2023**

• OBJECTIVE No. 1: Reduce fuel consumption on the beaches by 5%.

Result: The objective is more than met, achieving a reduction of 64.46% in As Catedrais and 59.02% in Os Castros-As Illas.

#### NEW OBJECTIVES ESTABLISHED 2024

OBJECTIVE No. 1: Improvement of the beach environment.

#### COMMITMENTS ACQUIRED BY THE RIBADEO CITY COUNCIL

The City Council of Ribadeo acquired commitments of both quality and environmental management that are reflected in the beach and environmental management policies approved by the local government board and which are exposed to the public.