



SERVICES LETTER OF THE BEACHES OF AS CATEDRAIS AND OS CASTROS-AS ILLAS 2024



AS CATEDRAIS



OS CASTROS-AS ILLAS

SERVICES LETTER

BATHING SEASON: 17th June – 08th September **PEAK PERIOD:** 15th July – 15th August

REGULATORY ORDINANCE OF THE USE OF RIBADEO BEACHES - BOP Lugo nº 138 19/06/2021

CODE OF CONDUCT IN THE BEACH

- In the beaches of As Catedrais and Os Castros-As Illas, it's forbidden along the whole year:
- Presence of motor boats, motorcycles, etc., except those belonging to the security and rescue service.
- Presence of pets (prohibition at Easter and from 15 May to 15 September)
- Deposit of waste and packaging in unauthorized places
- Making of camping
- Passage of unauthorized vehicles
- Use of detergents in outdoor showers
- Other annoying activities for other users (annoying noises, unauthorized sports practices ...).

SERVICES AVAILABLE FOR BEACH USERS						
	AS CATEDRAIS	OS CASTROS- AS ILLAS				
ACCESS	The main accesses to the beach are located on the N-634 road, in the A Devesa area, which is also accessed from the A-8 motorway. There is access to the sandy beach, not adapted, if being accessible all the beach environment. In Easter, July, August and September, free authorization is required to visit (https://ascatedrais.xunta.gal)	The main accesses to the beach are located on the N-634 road, in the A Devesa area, which is also accessed from the A-8 motorway. There are 3 accesses to the sand, 2 in Os Castros and 1 in As Illas, not adapted, if being accessible all the beach environment.				
TOILETS, SHOWERS, FOOTBATHS	As Catedrais beach has 3 bathrooms, one of them adapted for people with reduced mobility. Public price of € 1.00 for the use of the toilets. Hours: 8 hours depending on the tide. The showers, fountains and footbaths located at the entrances are enabled.	In the access by ramps there are 4 toilets and 4 showers, as in the access by stairs. In the first aid and first aid stand located in the center of the walk there are 2 adapted toilets. Schedule toilets: from 11:30 to 19:30				
SOCORRISM AND FIRST AID SERVICE	On the beaches of As Catedrais and Os Castros-As Illas there is a rescue and first aid team composed of one group leader, 11 lifeguards, 3 health technicians and Civil Protection volunteers, assisted by the Galician Health Service (SERGAS). The Health Center of Ribadeo has a Continuous Care Point 24 hours, located at Calle Reinante s / n, telephone 982130143, in which a medicalized ambulance is also available permanently. Service hours: from 11:30 a.m. to 7:00 p.m.					
INFORMATION POINT	The information point on As Catedrais beach is located at the main access to it. The opening hours are based on low tide. In addition, there is the Tourist Information Service in the urban area of the Ribadeo City Council, in the Plaza de España (Center of the Historic District) with hours from Monday to Saturday from 10 a.m. to 2 p.m. and from 4 p.m. to 7 p.m. in winter and from Monday to Sunday from 10 to 14 and from 16 to 20 in summer. The phone is 982 128 689.					
LOCAL POLICE	The beaches of As Catedrais and Os Castros-As Illas will have police presence according to protocol defined by the local Police, from 11 to 20 hours from 15 June to 15 September. In other seasons (parties or special events), the minimums will be maintained.					
STAINLESS STEEL, CONTAINERS SELECTIVE COLLECTION	There is a daily cleaning service on the beaches of As Catedrais and Os Castros-As Illas, which cleans the surface of the beaches and their infrastructures and accesses. In addition, there are located bins and containers for the selective collection arranged in the main accesses, which are emptied daily.					
ANALYSIS OF WATER QUALITY	There is a service of analysis of the water realized every 15 days through the Xunta de Galicia, by means of which it is tried to carry out a monitoring of the bath waters of these beaches, obtaining a guarantee of quality. The results of these updated analyzes can be consulted in the information panels located in the main accesses of the beaches from 15 June to 15 September.					

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COMPLAINT AND SUGGESTIONS SYSTEM

There are sheets of complaints and complaints available to users of the beaches of As Catedrais and Os Castros-As Illas in the information points and in the rescue modules of the beaches. Also on the website of the City of Ribadeo and the Tourist Information Point there is a suggestion box for any idea that you want to contribute. In addition, within the quality system belonging to these beaches, there are records for incidents and nonconformities detected daily on the beaches.

	DULIS OF ENVIE	RONMENTAL INDICA	1			
Indicator		Unit	Os C	astros-Illas	As Catedrais	
Biodiversity		m2/1.000 users	11,09		2,25	
Power consumption		kWh/ 1.000 users	0,00		0,00	
Water consumption		m3/ 1.000 users	220,36		21,36	
Toner Consumpt	tion	kg/ 1.000 users	0,0163		0,0037	
Office paper consumption		kg/ 1.000 users	0,0815		0,0185	
Toilet paper consumption		kg/ 1.000 users	10,44		9,21	
Handling paper cons	umption	kg/ 1.000 users	1,01		4,64	
Consumption of cleanin	g products	kg/ 1.000 users	5,27		2,59	
Fuel consumpti	on	GJ/ 1.000 users	4,82		3,28	
Generation of residuals of	rest fraction	t/ 1.000 users	8.842,34		2.836,14	
Generation of packagi	ng waste	t/ 1.000 users	1	L.620,55	388,83	
Generation of paper-card	t/ 1.000 users		451,53	130,95		
Generation of glass	t/ 1.000 users	1	L.515,86	249,71		
Generation of septic ta	t/ 1.000 users	1.046,03		1.028,60		
Generation of biosanit	ary waste	t/ 1.000 users		0,00	0,00	
Discharge of sanitary water	s and cleaning	m3/ 1.000 users		44,07	4,27	
Wastewater disch	m3/ 1.000 users		176,29	17,09		
Emissions		t CO2/ 1.000 users		11,47	7,81	
Quality of bath w	Final clasification	E	Excellent	Excellent		
Sand quality	TPHS (mg/kg)		Suitable	Suitable		
Quality of water s	Analysis visual		Suitable	Suitable		
Fungus and yeast for shower	s and footbaths	ufc/25 cm2	Suitable		Suitable	
RESU	LTS OF HYGIEN	IC-SANITARY INDIC	ATORS	5 IN 2023		
Indicator			Os C	astros-Illas	As Catedrais	
No of stings by marine anima		35		83		
No of stings by terrestrial ani	nals		0		11	
N ^o of cuts			3		21	
Nº of contractures, blows or s	sprains		3		28	
No. of wounds, splinters, scra	pes or burns		12		82	
No. of rescues		5		4		
Nº days of prohibition of bath	0		0			
No other events (rashes, blist	1		31			
Nº of attendances with divers	2		14			
Total number of assists	59		260			
	SIGNIFI	CANT INDICATORS 2	023			
Beach		abnormal functionir		I	mpact	
As Catedrais Os Castros-As Illas	Water consumption			Natural resource depletion		
As Catedrais Os Castros-As Illas	Fuel consumption			Natural resource depletion		

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As Catedrais Os Castros-As IllasToilet paper consumptionNatural resource depletionAs CatedraisHand drying paper consumptionNatural resource depletionAs CatedraisGeneration of residual fraction waste and packagingSoil and water contaminationAs CatedraisGeneration of residual glassSoil and water contaminationAs CatedraisGeneration hazardous waste vehicle maintenanceSoil and water contaminationAs Catedrais Os Castros-As IllasGeneration hazardous waste vehicle maintenanceSoil and water contaminationAs Catedrais Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais Os Castros-As IllasWater dischargeSoil and water contaminationAs Catedrais Os Castros-As IllasDrop in height / at different levelHealth conditionAs Catedrais Os Castros-As IllasMarine animal stingsHealth conditionAs Catedrais Os Castros-As IllasMarine animal stingsHealth condition	As Catedrais Os Castros-As Illas	Consumption of cleaning products	Natural resource depletion	
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Beach Emergency situations Impact	As Catedrais	Bumps or chafing	Health condition	
	Beach	Emergency situations	Impact	
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OTHER HIGHLIGHTS

- Number of complaints received from users of the beach in relation to the first aid and first aid service (No. complaints previous season = 0)
- Number of complaints about maintenance and cleaning services of facilities and equipment (No. complaints previous season = 1)
- Number of complaints received regarding the user satisfaction survey (No. complaints previous season = 0)
- Number of surveys carried out (No. surveys previous season = 100 Os Castros-As Illas / 81 As Catedrais)
- Number of incidents detected in the inspections with respect to the existing maintenance service on the beach (No. incidents previous season = 0)
- Number of complaints received regarding the leisure service (No. complaints previous season = 0)
- Number of complaints received regarding access to the beach service (No. of complaints previous season = 1)
- Number of complaints received regarding the surveillance service (No. complaints previous season = 0)
- Number of incidents detected in the inspections with respect to the existing information service on the beach (No. incidences previous season = 0)

OBJECTIVES ESTABLISHED 2023

• OBJECTIVE No. 1: Reduce fuel consumption on the beaches by 5%.

Result: The objective is more than met, achieving a reduction of 64.46% in As Catedrais and 59.02% in Os Castros-As Illas.

NEW OBJECTIVES ESTABLISHED 2024

OBJECTIVE No. 1: Improvement of the beach environment.

COMMITMENTS ACQUIRED BY THE RIBADEO CITY COUNCIL

The City Council of Ribadeo acquired commitments of both quality and environmental management that are reflected in the beach and environmental management policies approved by the local government board and which are exposed to the public.